

South Perth Learning Centre

Term 3 2020 Courses 27th July - 25th September 2020



Telephone 9367 1254 - Book Online splc.org.au

ARTS & CREATIVITY

Acrylics for Beginners Ongoing (AC2)

Membership is required

\$190 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 9:30am for 3 hr

Facilitator: Peta Zeller

This class is an opportunity to continue developing skills with acrylic paint, to see the possibilities and a range of outcomes with this fun and versatile medium. Ever wanted to pick up a paint brush but not sure how or where to start? This class is an opportunity to use acrylic paint to see the possibilities of this fun and versatile medium. The lessons will start on tone, colour, brushwork, texture and composition, where all subject matter will be provided, leading to your more personal projects as skills progress. Talented artist, Peta Zellar, will begin with how to use painting materials during the 1st week and then move on to colour, tone and brushwork. Eventually, as the weeks progress, she will assist you in working towards a finished masterpiece! Equipment: A craft trolley or a box that can be wheeled or carried to and from class for your supplies. Apron; things can get messy!!! Small mist spray bottle (if recycling used household sprayers, be sure they mist not squirt and are rinsed really well). Used cotton rag, T-shirt or singlet material, about hand towel size is ideal, but not synthetic as it is non absorbent. An old towel, roll of paper towel and plastic bag for wet items or rubbish to take home. A ruler 30cm or less. 7 tubes of acrylic paint (paint from H.U. Kendall recommended).

Crochet Advanced (AC6)

Membership is required

\$90 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 1:30pm for 2 hr

Facilitator: Susan Sands

This class is intended for those who have already completed ongoing classes at SPLC. Challenge yourself with more advanced stitches and techniques while making your chosen projects.

Crochet Beginners (AC3)

Membership is required

\$100 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 1:30pm for 1 hr, 50 min

Facilitator: Susan Sands

Come and learn the fundamentals of this fun and useful craft. We cover basic stitches and techniques as well as how to read patterns and charts. Learn all you need to know to get you started on creating fashionable accessories, cosy rugs and useful items for your home. In the first lesson, we'll start from the very beginning with how to hold the yarn and hook, how to make your first stitches and what pitfalls to avoid. All materials for the samples you'll make in class are provided (cost included in the course fee). Just come along and enjoy yourself.

Crochet Intermediate (AC4)

Membership is required

\$90 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 11:30am for 1 hr, 50 min

Facilitator: Susan Sands

This class is intended for those who have already completed beginners plus classes at SPLC. Challenge yourself with more advanced stitches and techniques while making your chosen projects.

Drawing for Non-Drawers (AC7)

Membership is required

\$140 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 9:30am for 3 hr

Facilitator: Barbara Arenson

Date: Thursday 30-Jul-2020

8 weeks (Open)

Time 9:30am for 3 hr

Facilitator: Barbara Arenson

Thought that you were hopeless at drawing? Well think again. Come along and under the expert guidance of Barbara, you will learn how to draw, in a stress free and friendly environment. Barbara, with her extensive international teaching experience, will teach you all how to move from drawing the absolute basics to the development of your own style. This class is also for those people who have previously attended or have completed a beginners class. You will be able to continue on under Barbara's expert guidance drawing, in a stress free and friendly environment. Places are limited, so please register early to avoid disappointment. Note: Materials not included (Please bring A2 sketchbook, 4B, 6B and 8B pencils, pencil sharpener and eraser.)

Ikebana Japanese Floral Art: Beginners and Ongoing (AC26)

Membership is required

\$50 (includes GST)

Date: Monday 20-Jul-2020

4 weeks (Open)

Time 10:00am for 2 hr

Facilitator: Sivasakthy Sett

Date: Tuesday 18-Aug-2020

4 weeks (Open)

Time 10:00am for 2 hr

Facilitator: Sivasakthy Sett

If you have ever wanted to pick something from your garden, bring it into your home and express yourself, this course is for you! Ikebana is an ancient art originating from Japan more than five hundred years ago. The word Ikebana means living flowers. In this course you will learn about the space, line, balance and harmony between the materials used, the container in which it is held and the space where it is placed. Beginners will learn the fundamentals of Ikebana techniques and forms. Continuing students will learn more advanced techniques and forms. I will be teaching in Ichiyo school style. (\$15 material fee for 1st lesson ONLY. Please bring cash, afterward students are to bring their own material from their garden.)

Jewellery Making - For International Clouded Leopard Day (AC31)

Membership is required

\$35 (includes GST)

Date: Thursday 6-Aug-2020

Single session (Open)

Time 11:30am for 2 hr

Venue: SPLC Kitchen Demo

Facilitator: Emmanuelle Kervoelen

Have you ever considered using an art form to support a cause? Maybe the endangered Clouded Leopard could be your next muse and your art could raise awareness of its plight. Emmanuelle' creative workshop offers you the opportunity to create a piece of fashion jewellery that will remind people of the plight of this majestic big cat. Each participant will make one pair of polymer clay earrings or a keychain or a pendant using the beads they have made using the following materials, as required: a small amount of white polymer clay, some varnish, studs, plastic hooks, some silicone beads, some varnish, a tassel and some posca.

Oil Painting for Beginners (Solvent Free ONLY) - Ongoing (AC16)

Membership is required

\$190 (includes GST)

Date: Thursday 30-Jul-2020

8 weeks (Open)

Time 1:00pm for 3 hr

Facilitator: Peta Zeller

This class is suitable as a follow on from the "Exploring Oils" first term, or if you have some oil painting experience, you are also welcome to come along to develop your painting skills in an encouraging and supportive environment with Artist, Peta Zeller. Lessons will revolve around colour, tone, brushwork, drawing, texture and composition producing artwork from students' own personal photos or supplied objects. (PLEASE NOTE THAT THIS CLASS IS NOT SUITABLE FOR ABSOLUTE BEGINNERS, YOU MUST HAVE SOME PREVIOUS KNOWLEDGE)

The Joy of Cartoons and Caricatures (AC27)

\$60, \$55 for Members (includes GST)

Date: Saturday 1-Aug-2020

3 weeks (Open)

Time 10:00am for 2 hr

Facilitator: Chanthira Suppiah

Do you want to learn how to draw funny cartoon characters as well as caricatures of celebrities or someone you know? Come join me in these interactive and fun-filled course sessions. Experience joy and laughter as you cartoon your stress away and improve your immune system. No prior drawing experience is required. All are welcome. Materials required for the sessions : pencil, eraser, sharpener and some A4 white paper to draw on (printing paper or other paper is fine) and colour pencils if participants wanted to do some colouring in after the session ends.

Watercolours Ongoing + Beginners (AC13)

Membership is required

\$95 (includes GST)

Date: Monday 27-Jul-2020

5 weeks (Open)

Time 12:00pm for 2 hr

Facilitator: Verena Marmion

In this 5-week course, students will be encouraged to expand their repertoire of skills and techniques. This includes colour mixing, brush control, wet in wet painting and planning a successful composition. Each lesson starts with a warmer and is followed by a main activity. Students can follow their own choice of subject matter, or create an individual interpretation of the theme the teacher introduces with a demonstration at the start of class. Students are encouraged to paint from real objects and personal photos, but also have the option of using the teacher's resources. This course is for both beginning and intermediate students. The beginning students will be recommended simpler exercises than the more experienced students.

CLUB ACTIVITIES

Be. Her. Friend (CA25)

\$200 (includes GST)

Date: Tuesday 28-Jul-2020

5 weeks (Open)

Time 7:00pm for 2 hr

Facilitator: Rachelli Yaafe

Make new friends while trying new crafts! Be. Her. Friend. workshops give you the opportunity to try new things in a safe environment, where every woman is eager to make new friends! Time for personal development, try your hand at floristry, crochet and embroidery as well as dinner at The Como included on our last night to cement our new friendships!

Croquet 14/40 (CA24)

Membership is required

\$50 (includes GST)

Date: Wednesday 26-Aug-2020

4 weeks (Open)

Time 2:00pm for 2 hr

Facilitator: Coral Broun

Croquet 14/40 is an introduction to the traditional game of croquet. The game is played for 40 minutes or to score 14 points. (Hence the name!) It is a beneficial (but not too strenuous) exercise for body & brain. Come and join us for fun and feat! Venue: Como Croquet Club. All equipment provided.

Cryptic Crossword Club (CA2)

Membership is required

\$55 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 1:00pm for 2 hr

Facilitator: Self Managed

Cryptic crosswords are crossword puzzles in which each clue is a word puzzle in and of itself. Cryptic crosswords are particularly popular in the United Kingdom where they originated. If you enjoy Cryptic Crosswords and are you looking to extend your knowledge by practicing how to do them then come along to this club. Remember: research has shown that by keeping the brain active it will remain healthier, delay any early signs of memory loss, and help prevent Alzheimers.

Film Club (CA3)

Membership is required

\$25 (includes GST)

Date: Thursday 13-Aug-2020

3 weeks (Open)

Time 1:00pm for 1 hr, 30 min

Facilitator: Self Managed

Are you a movie buff who enjoys sharing your thoughts with others? If so, then come along to our friendly club to join in the discussions on the movies we've seen. You will get a chance to voice your opinion and listen to that of others on topics such as the acting, directing, the story, costumes etc. Why not discuss areas that perhaps could have been improved? This is your club so make the most of it. Dates: August 13, August 27, September 17

Mahjong for Beginners-Chinese (Saturday) (CA22)

Membership is required

\$120 (includes GST)

Date: Saturday 1-Aug-2020

8 weeks (Open)

Time 9:30am for 2 hr

Facilitator: Vicky Man

This course introduces participants to the fascinating and ancient game of Mahjong. Players will learn the structure and the rules of the game in a friendly, social environment and by the course conclusion, have acquired the knowledge, skills and ability for independent / self-managed gameplay.

Mahjong for Beginners-Chinese (CA11)

Membership is required

\$120 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 12:00pm for 2 hr

Facilitator: Vicky Man

This course introduces participants to the fascinating and ancient game of Mahjong. Players will learn the structure and the rules of the game in a friendly, social environment and by the course conclusion, have acquired the knowledge, skills and ability for independent / self-managed gameplay.

SM Mahjong Friday - Chinese (CA9)

Membership is required

\$55 (includes GST)

Date: Friday 31-Jul-2020

9 weeks (Open)

Time 2:00pm for 2 hr

Facilitator: Self Managed

For those who love the cerebral challenge and social aspect of traditional mahjong but lack peers to play with, this is the ideal course to enroll in. Join fellow enthusiasts of the fascinating game of Chinese Mahjong for independent play in a welcoming environment that focuses on friendly social interaction and fun.

SM Mahjong Friday - Western (CA10)

Membership is required

\$55 (includes GST)

Date: Friday 31-Jul-2020

9 weeks (Open)

Time 9:00am for 2 hr

Facilitator: Self Managed

This friendly and popular group is for the more experienced who wish to play this fascinating and ancient game. So come along and get those brain cells working. Notes and sets are provided, but please bring along your own if you wish. Please note that this self-managed course is for Mahjong Western players.

SM Mahjong Intermediate Western (CA20)

Membership is required

\$55 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 10:00am for 2 hr

Facilitator: Self Managed

This friendly and popular group is for the more experienced who wish to play this fascinating and ancient game. So come along and get those brain cells working. Notes and sets are provided, but please bring along your own if you wish. Please note that this self-managed course is for Mahjong Intermediate Western players.

SM Mahjong Wednesday (CA15)

Membership is required

\$55 (includes GST)

Date: Wednesday 29-Jul-2020

9 weeks (Open)

Time 9:00am for 3 hr

Facilitator: Self Managed

This friendly and popular Wednesday group is for the more experienced who wish to play this fascinating and ancient game. So come along and get those brain cells working. Notes and sets are provided, but please bring along your own if you wish.

COOKING

Chef in your kitchen Online series: Chai Tea Talk (C10)

\$15 (includes GST)

Date: Friday 4-Sep-2020

Single session (Open)

Time 10:30am for 1 hr, 30 min

Facilitator: Heena Hussain

Tea is a very popular beverage in India. The importance of tea drinking in India cannot be confined to words. A cup of hot steaming tea is the first pleasure of the morning which stimulates the senses. Chai tea is a fragrant tea with health benefits attached to it. Indulge in the fragrance of spices and tea leaves with a bit of tea story. Enrol before Wednesday September 2, to allow time to receive the recipe and shop for ingredients.

Chef in your kitchen online series: Mediterranean Fatteh (C20)

\$15 (includes GST)

Date: Friday 28-Aug-2020

Single session (Open)

Time 10:30am for 1 hr, 30 min

Facilitator: Heena Hussain

The word fatteh is Arabic for crushed or crumbs. It is the name of this crumbled, toasted pita casserole. Fatteh is a very healthy dish with a mixture of yoghurt and chickpeas flavoured with herbs and spices, topped with toasted pita bread. A must try dish so simple to make! Enrol before Wednesday August 26, to allow time to receive the recipe and shop for ingredients.

Classroom Cooking: Beginners guide to Indian Cooking (C17)

\$40, \$35 for Members (includes GST)

Date: Saturday 29-Aug-2020

Single session (Open)

Time 10:00am for 2 hr

Facilitator: Heena Hussain

If you are keen on cooking Indian dishes, it is important to know the basics which makes it very easy to understand and execute any Indian recipe. Feel, smell and taste the spices, get familiar with names of ingredients used in Indian cooking. This class will be a complete guide to Indian cooking.

Classroom Cooking: Chole Bhature - Deep fried Indian Bread with Chickpeas curry (C18)

\$70, \$60 for Members (includes GST)

Date: Saturday 5-Sep-2020

Single session (Open)

Time 10:00am for 2 hr

Facilitator: Heena Hussain

Chole Bhatura is an exquisite street food of India. A flavour packed traditional chickpea curry is served with a puffy Indian bread called a Bhatura. Puffed up bread with hot curry is something you definitely want to cook for your loved ones. Master it and impress any vegetarian gourmet.

Classroom Cooking: Indian Roti (Flat bread) and Lentils curry (Dhal Makhni) (C16)

\$65, \$55 for Members (includes GST)

Date: Saturday 15-Aug-2020

Single session (Open)

Time 10:00am for 2 hr

Facilitator: Heena Hussain

Learn to make some soft Indian roti (Indian flat bread) which is a very healthy mouth-watering alternative. Lentils are very rich in protein and this dhal curry is so simple to make yet so delicious.

Classroom Cooking: Mediterranean Falafel Platter (C14)

\$65, \$55 for Members (includes GST)

Date: Saturday 8-Aug-2020

Single session (Open)

Time 10:00am for 2 hr

Facilitator: Heena Hussain

Falafel is a Middle Eastern fast food made with a mixture of chickpeas, herbs and the right spices. If you're on a search for the Ultimate Falafel recipe, join this class to learn every step of this proven falafel recipe. You will also create two different types of dips; Tahini dip and muhammara that go really well with the falafel. I will also teach you how to whip up your own Falafel sandwich, for an easy meal.

Classroom Cooking: Middle Eastern Shish Tawook Platter (C15)

\$70, \$60 for Members (includes GST)

Date: Saturday 22-Aug-2020

Single session (Open)

Time 10:00am for 2 hr

Facilitator: Heena Hussain

Shish Tawook is a very popular skewered chicken dish in the Middle East. Think of perfectly tender and juicy chicken deliciously marinated in earthy spices, yogurt, lemon juice and garlic. Learn how to cook and enjoy a complete Shish Tawook platter including yellow rice, garlic yogurt dip and Arabic salad.

GARDENING

Cymbidium Symphony (GD2)

\$15 (includes GST)

Date: Saturday 8-Aug-2020

Single session (Open)

Time 10:00am for 2 hr

Facilitator: Malcolm Davies

Is your once luscious cymbidium orchid now looking dull and droopy? Here is a wonderful time to bring and replant your own special orchid! This class, led by Malcom and his team, will guide you through repotting to ensure new life and vibrant cymbidium flowers. New pots and Malcom's special potting mix are available for \$8.00 per pot. BYO potted plant and gloves.

HEALTH AND WELLNESS

Drumbeat Introduction Workshop (HW12)

\$50, \$45 for Members (includes GST)

Date: Thursday 6-Aug-2020

Single session (Open)

Time 4:30pm for 1 hr, 30 min

Facilitator: Ev Taylor

As humans, we are social beings and by our very nature dependent upon relationships for our survival and prosperity. Relationships define identity, connect us in meaningful ways, and let us experience rich and fulfilling lives. DRUMBEAT facilitates the social and emotional skills for healthy relationships and values using small drums. This process of re-connection with self and interconnection with others enables profound social and behavioural change. The name DRUMBEAT is an acronym for Discovering Relationships Using Music, Beliefs, Emotions, Attitudes, and Thoughts. Holyoakes DRUMBEAT is the world's first structured learning program using music, psychology and neurobiology to reconnect with ourselves and others. Come along and give this fun and beneficial workshop a go!

Olympifit Physical Health Program (HW1)

Membership is required

\$180 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 1:00pm for 1 hr

Facilitator: Bob Pavone

Improve your mobility and regain quality of life! Bob Pavone, your coach, will guide you through this safe and positive program, in a small group, for maximum attention. Other benefits are blood sugar and blood pressure improvements through increased metabolism as well as muscle and core strength through muscular training. Bob will soon have you rocking and jiving again!!!

Pilates (HW5)

Membership is required

\$135 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 4:00pm for 1 hr

Facilitator: Carmel Simojoki

Pilates is a gentle form of exercise in line with yoga and eastern traditions. Through the practice of Pilates, you'll experience improvement in physical stability, strength and flexibility. Joseph Pilates, who founded the practice in the years after the first world war, promoted the idea that mental and physical health are interrelated. His method is a safe, inclusive and effective approach to improving your fitness and health. Come and join our small group for this gentle and safe form of exercise. With regular practice, you'll improve body fitness and feel amazing.

Tai Chi for Health and Balance (HW4)

Membership is required

\$110 (includes GST)

Date: Tuesday 28-Jul-2020

9 weeks (Open)

Time 4:30pm for 1 hr

Facilitator: Stephen Ho

Tai Chi is a form of martial art developed from Chinese Taoist philosophy. Its gentle flow and graceful movements can also be used as a very good set of exercise. With constant practice, it can promote good health, relaxation and balance. In this course, participants will be introduced to a short form of Wu style Tai Chi, with particular emphasis on movements involving the feet. It should be suitable for both young and seniors and no prior experience is assumed. The details of each movement will be explained. Then participants will learn with the instructor and practise together. The course is also suitable for those who have some prior Tai Chi experience and might like to extend their knowledge. The instructor is Stephen Ho, a retired engineer/academic, and he has over 50 years of experience as a Tai Chi practitioner and a qualified teacher.

Vinyasa Yoga (HW14)

Membership is required

\$110 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 4:00pm for 1 hr

Facilitator: Manuela Mangiacavalli

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 4:00pm for 1 hr

Facilitator: Manuela Mangiacavalli

Quiet your mind and free your body. If you want to destress from your busy routine, recharge yourself, stretch and tone your body this class is for you! Lock in a weekly hour for yourself. Coordinate your movements with your breath, flowing from one pose to the next. Vinyasa classes involve building strength, coupled with flexibility and increasing body heat. Each class also includes meditation and pranayama (breathing techniques). Suitable for all levels. Beginners welcome! Manuela is a Certified Yoga Alliance instructor.

LANGUAGE

English Fluency (L36)

Membership is required

\$50 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 10:00am for 2 hr

Facilitator: Valmy Graham

Need help to improve your fluency in spoken English? Want to understand the Australian accent and idioms? Join this class and Valmy will build your confidence and speaking skills with her friendly advice and interesting conversations.

English Conversation (L33)

Membership is required

\$90 (includes GST)

Date: Thursday 30-Jul-2020

8 weeks (Open)

Time 4:00pm for 1 hr

Facilitator: Bob MacMath

During this course, the participants have the opportunity to practice their acquired skills in English to improve their fluency and understanding in a professional or social setting. Emphasis is on effective communication and understanding of some of the difficulties of everyday speech. Participants are encouraged to share their experiences of dealing with idiomatic and contemporary Australian English.

French A1 Beginners (L2)

Membership is required

\$150 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 12:30pm for 2 hr

Facilitator: Arielle Fernandes

This course is an introduction to basic French language. The learners begin to understand and express common needs and ideas. They learn to introduce themselves and ask questions about personal details. They interact simply while speaking slowly and clearly.

French A2 Beginners Ongoing (L3)

Membership is required

\$150 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 1:30pm for 2 hr

Facilitator: Arielle Fernandes

This course adds to the learner's knowledge of basic French expressions. The learner understands frequently used language in areas such as shopping, family and employment. Communication involves a direct exchange of information, describing immediate matters in simple terms.

French B1 Intermediate (L6)

Membership is required

\$150 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 9:00am for 2 hr

Facilitator: Arielle Fernandes

This course offers the opportunity to develop further understanding and sharing of information regarding family, work, school, leisure-related topics or personal interests. Learners are exposed to travel situations in areas where the language is spoken. They create simple texts on topics of personal interests and experiences, events, dreams, and ambitions, opinions or plans in brief.

French B2 Intermediate (L1)

Membership is required

\$150 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 9:00am for 2 hr

Facilitator: Danielle Desvaux

During this course, learners show understanding of the main ideas of a complex text. They spontaneously interact without too much strain for either the speaker or the listener. They are able to produce a detailed text on a wide range of subjects and special interests.

French B2 Intermediate Conversation (L5)

Membership is required

\$150 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 11:00am for 2 hr

Facilitator: Danielle Desvaux

This course is intended for those who wish to increase and practise their acquired French language skills. The classes will be based mainly on preparation for discussion covering a wide variety of topics. Participants will be encouraged to help each other. Some grammatical areas will be examined from time to time. All who show an interest in keeping their knowledge alive, at this intermediate level, are most welcome.

French B2 Intermediate Ongoing (L7)

Membership is required

\$150 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 11:00am for 2 hr

Facilitator: Arielle Fernandes

During this course, learners show understanding of the main ideas of a complex text. They spontaneously interact without too much strain for either the speaker or the listener. They are able to produce a detailed text on a wide range of subjects and special interests.

French C1 Advanced Conversation (L4)

Membership is required

\$150 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 1:00pm for 2 hr

Facilitator: Danielle Desvaux

This course is intended for those with confident speaking skills, who wish to maintain and extend their fluency, while discussing topics of personal interest, cultural events, travel experiences, international and current affairs. Participants are encouraged to help each other, using individual knowledge, dictionaries and anecdotes. It provides the opportunity for real conversations in everyday life.

Indonesian Beginners (Level 1) (L11)

Membership is required

\$85 (includes GST)

Date: Friday 31-Jul-2020

8 weeks (Open)

Time 10:30am for 1 hr, 30 min

Facilitator: Kus Sujatna

If you want to learn an Asian Language, Indonesian is the one for you because it has the same alphabet as English! And, if you've been to Bali and loved the experience, the people, the food and the culture, come along and learn more about it. Enhance your holiday in Indonesia. Our teacher will show you how easy it is to get started on the basics of the language, while you learn about Indonesian culture.

Indonesian Conversation (Level 3) (L12)

Membership is required

\$85 (includes GST)

Date: Thursday 30-Jul-2020

8 weeks (Open)

Time 10:30am for 1 hr, 30 min

Facilitator: Kus Sujatna

This conversation class is for those who have studied Bahasa Indonesia in the past and would like to come along to practise and improve their language skills. Our Indonesian teacher, Ibu Kus, has extensive experience in teaching Indonesian as she taught for many years at TAFE. This course is most suitable for students who have taken an Indonesian Intermediate course at SPLC or similar organisations. Come along and join the fun.

Indonesian Intermediate (L13)

Membership is required

\$110 (includes GST)

Date: Friday 31-Jul-2020

8 weeks (Open)

Time 1:00pm for 1 hr, 30 min

Facilitator: Kus Sujatna

If you want to learn an Asian language, Indonesian is the one for you because it has the same alphabet as English! And if you've been to Bali and loved the experience, the people, the food and the culture, come along and learn more about it. Enhance your holiday in Indonesia. Our teacher will show you how easy it is to get started on the basics of the language, while you learn about Indonesia. Our Indonesian teacher, Ibu Kus, has extensive experience in teaching Indonesian as she taught for many years at TAFE. Come along and join the fun.

Italian A1 Beginners (L25)

Membership is required

\$150 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 6:00pm for 2 hr

Facilitator: Morena Lanzilotti

This course is an introduction to basic Italian language. The learners begin to understand and express common needs and ideas. They learn to introduce themselves and ask questions about personal details. They interact simply while speaking slowly and clearly.

Italian A2 Beginners Ongoing 2 (L29)

Membership is required

\$150 (includes GST)

Date: Friday 31-Jul-2020

8 weeks (Open)

Time 9:30am for 2 hr

Facilitator: Elena Cotza

This course adds to the learner's knowledge of basic Italian expressions. The learner understands frequently used phrases in areas such as shopping, family and employment. Communication involves a direct exchange of information, describing immediate matters in simple terms.

Italian B1 Intermediate (L27)

Membership is required

\$150 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 12:00pm for 2 hr

Facilitator: Elena Cotza

This course offers the opportunity to develop further understanding and sharing of information regarding family, work, school, leisure-related topics or personal interests. Learners are exposed to travel situations in areas where the language is spoken. They create simple texts on topics of personal interests, describe experiences, events, dreams, and ambitions, opinions or plans in brief.

Italian B1 Intermediate Ongoing (L15)

Membership is required

\$150 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 6:00pm for 2 hr

Facilitator: Morena Lanzilotti

This course adds to the learner's knowledge of basic Italian expressions. The learner understands frequently used language in areas such as shopping, family and employment. Communication involves a direct exchange of information, describing immediate matters in simple terms.

Italian B2 Intermediate Conversation (L8)

Membership is required

\$150 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 4:00pm for 2 hr

Facilitator: Morena Lanzilotti

During this course, learners show understanding of the main ideas of a complex text. They spontaneously interact without too much strain for either the speaker or the listener. They are able to produce a detailed text on a wide range of subjects and special interests. Extra focus is given to conversational skills.

Italian B2 Intermediate Ongoing (L18)

Membership is required

\$150 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 9:30am for 2 hr

Facilitator: Elena Cotza

During this course, learners show understanding of the main ideas of a complex text. They spontaneously interact without too much strain for either the speaker or the listener. They are able to produce a detailed text on a wide range of subjects and special interests.

Italian C1 Advanced (L26)

Membership is required

\$150 (includes GST)

Date: Friday 31-Jul-2020

8 weeks (Open)

Time 12:00pm for 2 hr

Facilitator: Elena Cotza

This course is for participants who understand a wide range of longer and more demanding texts or conversations. They express ideas without too much searching. They effectively use the language for social, academic or professional situations, creating well-structured and detailed texts on complex topics.

Japanese Beginners Conversation (L35)

Membership is required

\$90 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 3:30pm for 1 hr

Facilitator: Manuela Mangiacavalli

The course enables beginners to master the essentials of the Japanese language. You will learn useful conversational phrases and vocabulary words used in daily life in a variety of situations, while gaining a deeper understanding of the Japanese culture. Manuela has studied Japanese, and lived and worked in Japan for a number of years.

Spanish A1 Beginners (Online) (L34)

Membership is required

\$115 (includes GST)

Date: Monday 27-Jul-2020

8 weeks (Open)

Time 10:00am for 2 hr

Facilitator: Alicia Zablah

This online course is an introduction to basic Spanish language. The learners begin to understand and express common needs and ideas. They learn to introduce themselves and ask questions about personal details. They interact simply while speaking slowly and clearly.

Spanish A1 Beginners (L28)

Membership is required

\$125 (includes GST)

Date: Thursday 30-Jul-2020

9 weeks (Open)

Time 1:30pm for 2 hr

Facilitator: Ruperto Nunez

A fun and informative introductory course to the spanish language for those who have not been to any spanish language classes previously. Learn how the spanish language works, pronunciation, basic conversation, travel, food and traditions. The basics will be covered in this course. The textbook "Vente (A1/A2)" will be used.

Spanish A1 Beginners Ongoing (L32)

Membership is required

\$115 (includes GST)

Date: Tuesday 28-Jul-2020

8 weeks (Open)

Time 2:00pm for 2 hr

Facilitator: Alicia Zablah

This course is an introduction to basic Spanish language. The learners begin to understand and express common needs and ideas. They learn to introduce themselves and ask questions about personal details. They interact simply while speaking slowly and clearly.

Spanish A2 Beginners Ongoing (L20)

Membership is required

\$125 (includes GST)

Date: Thursday 30-Jul-2020

9 weeks (Open)

Time 11:00am for 2 hr

Facilitator: Ruperto Nunez

This course adds to the learner's knowledge of basic Spanish expressions. The learner understands frequently used language in areas such as shopping, family and employment. Communication involves a direct exchange of information, describing immediate matters in simple terms. The textbook "Vente (A1/A2)" will be used.

Spanish B1 Intermediate (L24)

Membership is required

\$125 (includes GST)

Date: Thursday 30-Jul-2020

9 weeks (Open)

Time 9:00am for 2 hr

Facilitator: Ruperto Nunez

Textbook: "Tema a tema B1"

Hola amigo! This course offers the opportunity to develop further understanding and sharing of information regarding family, work, school, leisure-related topics or personal interests. Learners are exposed to travel situations in areas where the language is spoken. They create simple texts on topics of personal interests, describe experiences, events, dreams and ambitions, opinions or plans in brief.

Spanish C1 Advanced (L30)

Membership is required

\$115 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 10:00am for 2 hr

Facilitator: Alicia Zablah

This course is for participants who understand a wide range of longer and more demanding texts or conversations. They express ideas without too much searching. They effectively use the language for social, academic or professional situations, creating well-structured and detailed texts on complex topics.

TALKS AND LIFESTYLE

Persian Architectural Treasure (T3)

\$40, \$30 for Members (includes GST)

Date: Tuesday 18-Aug-2020

Single session (Open)

Time 6:00pm for 1 hr

Facilitator: Saleh Kafami

Saleh's Persian forebears employed their passion and skills to design and build environmentally friendly buildings with natural air conditioning systems - and they're still doing it; so it obviously works a treat. They look fabulous too, as you'll see from Saleh's films and photos from this, his most recent trip home with a group of friends from South Perth WA . It's a wonderland of clever architecture.

Accessing Aged care Services (T12)

\$5 (includes GST)

Date: Thursday 20-Aug-2020

Single session (Open)

Time 1:00pm for 1 hr, 30 min

Facilitator: Nicky Howe

This interactive Q&A seminar is presented by Dr Nicky Howe, from South Care, community home care and community services provider based in Manning. The topics will encompass Community Home Support Program, Home Care Package, types of services and products, getting help at home, the "money maze". Discussion will include how to choose an aged care provider and how to be comfortable with someone coming into your home.

Change Your Thoughts - Transform Your Life (T9)

\$40, \$30 for Members (includes GST)

Date: Saturday 15-Aug-2020

Single session (Open)

Time 11:00am for 1 hr, 30 min

Facilitator: Liliana Vanasco

There is no amount of physical action that beats a positive mindset and an empowered sense of self. When you learn how powerful your thoughts are, you will be compelled to change what you think if you want to transform your life! In this mind-opening talk, Liliana shows you how you can come out of the autopilot way of living and embrace a mindset that puts you in the driver seat. If you'd like to experience more happiness, abundance, wellbeing, and inner peace by taking charge of your thoughts, then this talk is for you. Once you understand that your mindset directly impacts the quality of your life, you'll discover you are more powerful than you ever imagined! Liliana is an empowerment mentor, speaker and author of spiritual growth book Freedom of the Soul with over 12 years experience guiding, supporting and inspiring people to transform their lives in positive ways, live intentionally and in alignment with their authentic self.

From Tragedies to Freedom: a History of Ireland (T10)

Membership is required

\$80 (includes GST)

Date: Wednesday 29-Jul-2020

8 weeks (Open)

Time 1:00pm for 1 hr, 30 min

Facilitator: Elton Brown

A journey through the major historical locations, events & characters throughout the ages which shaped the Irish Nation's long quest for Independence. From the early Celts, the Vikings, the Anglo Normans, British rule & Plantation, the Famines, the Rebellions & eventually to Freedom at the cost of partition. The course is a powerpoint presentation with occasional YouTube video & sound links. A notebook for course participants to make their own notes is advised as Hand-outs are not provided.

Greek Mythology: The Beginning (T2)

\$80, \$70 for Members (includes GST)

Date: Wednesday 5-Aug-2020

5 weeks (Open)

Time 1:30pm for 2 hr

Facilitator: Ruperto Nunez

First came the Chasm; and then broad-breasted Earth. Thus starts Hesiod's account of the beginning of the universe, with its gods and goddesses, its titans and giants with a hundred hands. This is an invitation to visit the world of Greek Mythology. We'll encounter wars, incest, heroes, murder and cheating. We'll find out why Odysseus took twenty years to return home, and why Penelope waited for him all this time! We'll also learn why Athena considered a father more important than a mother, and why Orestes was so relieved when he heard of this! This is the first course in a series that will take us from Athens to the Black Sea and then back to Corinth.

Injury Matters: Falls Prevention (T6)

\$5 (includes GST)

Date: Tuesday 4-Aug-2020

Single session (Open)

Time 10:00am for 1 hr

Facilitator: Sophie Leonard

This 45 minute "Move Improve Remove" presentation includes falls statistics and information on why people may fall and the following topics: Move your Body focuses on balance and strength. Improve Your Health focuses on medications, nutrition and keeping a healthy mind. Remove Hazards includes home safety and hazards in and around the home, wearing safe footwear and checking eyesight. Tips and changes that can be made to prevent falls from happening, and who can help you prevent having a fall.

Noongar Cultural Experience (T11)

Membership is required

\$50 (includes GST)

Date: Tuesday 11-Aug-2020

Single session (Open)

Time 1:00pm for 1 hr, 30 min

Facilitator: Belinda Cox

Come on the beginning of a learning journey to discover who Noongar people are, their connection to country, their protocols and practices, including the totem system. You will be introduced to a plant that highlights the season of Makuru and the concepts of caring for country. We will plant it in our courtyard garden as a way to reconnect to this unique land and its flora. We hope to have the opportunity to welcome Belinda again, for each of the seasons, and continue to add to the courtyard garden.

Persian Architectural Treasure (T3)

\$40, \$30 for Members (includes GST)

Date: Tuesday 18-Aug-2020

Single session (Open)

Time 6:00pm for 1 hr

Facilitator: Saleh Kafami

Saleh's Persian forebears employed their passion and skills to design and build environmentally friendly buildings with natural air conditioning systems - and they're still doing it; so it obviously works a treat. They look fabulous too, as you'll see from Saleh's films and photos from this, his most recent trip home with a group of friends from South Perth WA . It's a wonderland of clever architecture.

The Sewing Sisterhood - Seif Meri Mun (T5)

\$5 (includes GST)

Date: Thursday 20-Aug-2020

Single session (Open)

Time 2:00pm for 1 hr

Facilitator: Julianne Wilson

The Sewing Sisterhoods Seif Meri Mun is an ongoing local project supported by The Rotary Club of Mill Point, to facilitate uninterrupted education and work for girls and women in Bougainville. They make and distribute quality controlled recyclable menstrual kits, which are ingenious in design. We have a regular sewers group, at home sewers and cutters as well as donors of funds and materials. The presentation includes a practical demonstration of the component parts of the kit and the basic items required to complete a kit. Contact details of the group and drop off options will be given. Find out about ways to help and how to form your own group with guidance if needed.