



South Perth Learning Centre

Where good things happen!
Lower level of South Perth Community Centre
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TERM 1 2019 SUMMER WORKSHOPS 18 JAN - 8 FEB

OUR STORY

We aim to provide a focal point in the South Perth area for the social and educational interaction of all adult members of the community. Our objectives are to create a welcoming environment in which people can develop their personal and community lives in a friendly neighbourhood context. Our courses and activities include arts & creativity, club activities, language, computer & technology, cooking, health & wellness and more!

Hard to imagine isn't it, but the SPLC was started by a group of young mums more than 30 YEARS AGO, aided by a \$1500 grant from the City of South Perth, with the Centre opening in February 1985 in the Uniting Church Hall, Broome Street, SOUTH PERTH. After an inaugural AGM in 1987, the Centre was incorporated in 1988, and in the following year we moved to temporary premises in the Ernest Johnson Hall and then in 1990 to premises owned by the City of South Perth at 12 Labouchere Road. In late 1998 there was a suggestion that SPLC Inc relocate and merge with the Lady Gowrie Centre in Karawara. This idea did not receive full support of the members, and led to several fruitless stop-gap measures being employed. Membership dropped perilously low – less than 90. Following an emergency meeting, a new Committee was formed and from 1999 there was a re-birth and rapid growth of SPLC Inc. All thanks to the enthusiasm, dedication and advice from members and volunteers and lots of hard work. 2007 saw the Centre thriving – it received the 2007 Premier's Australia Day Active Citizenship Award for an outstanding contribution to the Community. Our Constitution was updated in March 2009, again in 2013 to conform to DOCEP's requirements for an incorporated body and in 2017 to adhere to the Associations Incorporation Act 2015.

Our relocation from Labouchere Road to the City of South Perth facilities, provided a wonderful new premises at Lower Level of the South Perth Civic Centre in South Terrace, South Perth in January 2011 and ensured that 7 years on we continue to be a successful and thriving organisation, with hundreds of members. We continue to welcome new and ongoing members to the wide variety of lifelong learning courses and activities offered in languages, arts, clubs, information technology, health & wellness, cooking demonstrations and talks and lifestyles. Our experienced teachers, dedicated volunteers and 1 full time staff continue to welcome, educate and assist members with enthusiasm and support!

2019 SUMMER PROGRAM

To celebrate the start of an amazing year, the South Perth Learning Centre will be offering our first summer program! Check out the workshops below and spend your summer break learning something new while engaging with like-minded people. Along with summer workshops, we are also opening the centre to all members for self-managed sessions, such as drawing, watercolours, cryptic crosswords, mahjong and writing your memoir at \$5pp to cover the expenses of coffee, tea and biscuits. So if you're an SPLC member, feel free to contact the centre at info@splc.org.au to reserve a room.

Online enrolments are now available on our website (www.splc.org.au). All members & non-members are required to pay upfront for their courses, as we do not reserve spots without a payment.

Ban the Bag Workshop (Crochet Edition) S1

Susan Sands

9.30am-12.30pm \$55

Friday 18 Jan

Come and learn the fundamentals of this fun and useful craft. In this single session introduction we'll cover the basic stitches and techniques to get you started on making a cool and practical string market bag. Don't worry if you haven't crocheted before - we start at the very beginning with how to hold the yarn and hook, how to make your first stitches and what pitfalls to avoid. We'll provide you with a copy of the bag pattern, a crochet hook and the cotton yarn you need to make the bag. Just come along and enjoy yourself **(All materials included)**

Be. Her. Friend Intention Setting Workshop S2

Rachelli Yaafe-Payne

1pm-6pm \$65

Saturday 2 Feb

Come together with like minded women to set your intentions for 2019. We will look at all things law of attraction, goal setting, vision boards and consciously creating ones future. I am no expert but have consciously and unconsciously created the life I live and helped bring 100's of women together across WA. While we create our futures we shall also feast on nibbles created by one of our very own tutors Natalie Bertagni. Details of what you need to bring will be sent out once enrolled.

"Ever been curious about Oil Painting?" S3

Peta Zeller

10am-11am Free

Tuesday 22 Jan

Have you ever been curious or interested about Oil painting but have no idea as to the requirements and what it involves. Come and have a look and ask Peta any questions you may have before enrolling in the Oils course being offered Term 1. Previous drawing skills are a must for the course being offered in Term 1.

Restorative Yoga S4

Capri Le Maistre,

3pm-4.15pm \$20 per session

4 Fridays 18 Jan - 8 Feb

What I love about yoga is how it allows me to keep my life in balance. Not only physically, but mentally too.

Yoga allows you to connect your body to your mind, explore and appreciate your movements, become more bodyaware, whilst at the same time, allows you to create peace and stillness of the mind.

I started my yoga teacher journey in 2017, learning from the best at Santosha Yoga Institute in Nusa Lembongan. I fell in love with the practice, the place and the people, and knew I wanted to bring that magic back to Perth WA. I teach a more traditional style of yoga, focusing on alignment, strength and connection.

My classes and ways of teaching are suited to anyone who is looking to start Yoga for the first time, are looking to learn safe ways to stretch and lengthen their bodies, or anyone who is looking for some balance.

My aim is to provide you with a safe practice, that is both enjoyable and accessible for all levels, so everyone can benefit from their Asana.

