



South Perth Learning Centre

Where good things happen!
Lower level of South Perth Community Centre
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www.splc.org.au

TERM 2 2018 COURSES
30 APRIL - 29 JUNE 2018

We aim to provide a focal point in the South Perth area for the social and educational interaction of all adult members of the community. Our objectives are to create a welcoming environment in which people can develop their personal and community lives in a friendly neighbourhood context. Our courses and activities include arts & creativity, club activities, language, computer & technology, cooking, health & wellness and more!

Hard to imagine isn't it, but the SPLC was started by a group of young mums more than 30 YEARS AGO, aided by a \$1500 grant from the City of South Perth, with the Centre opening in February 1985 in the Uniting Church Hall, Broome Street, SOUTH PERTH. After an inaugural AGM in 1987, the Centre was incorporated in 1988, and in the following year we moved to temporary premises in the Ernest Johnson Hall and then in 1990 to premises owned by the City of South Perth at 12 Labouchere Road.

In late 1998 there was a suggestion that SPLC Inc relocate and merge with the Lady Gowrie Centre in Karawara. This idea did not receive full support of the members, and led to several fruitless stop-gap measures being employed. Membership dropped perilously low – less than 90. Following an emergency meeting, a new Committee was formed and from 1999 there was a re-birth and rapid growth of SPLC Inc. All thanks to the enthusiasm, dedication and advice from members and volunteers and lots of hard work.

2007 saw the Centre thriving – it received the 2007 Premier's Australia Day Active Citizenship Award for an outstanding contribution to the Community. Our Constitution was updated in March 2009, again in 2013 to conform to DOCEP's requirements for an incorporated body and in 2017 to adhere to the Associations Incorporation Act 2015.

Our relocation from Labouchere Road to the City of South Perth facilities, provided a wonderful new premises at Lower Level of the South Perth Civic Centre in South Terrace, South Perth in January 2011 and ensured that 7 years on we continue to be a successful and thriving organisation, with hundreds of members. We continue to welcome new and ongoing members to the wide variety of lifelong learning courses and activities offered in languages, arts, clubs, information technology, health & wellness, cooking demonstrations and talks and lifestyles. Our experienced teachers, dedicated volunteers and 1 full time staff continue to welcome, educate and assist members with enthusiasm and support!

Online enrolments are now available on our website (www.splc.org.au). All members & non-members are required to pay upfront for their courses, as we do not reserve spots without a payment.

Walk-in enrolments are ONLY open on 20, 23 27 April from 10am-12pm

ARTS & CREATIVITY

ACRYLIC PAINTING FOR BEGINNERS AC1

Peta Zeller

1.00pm-3.30pm \$185

8 Wednesdays

2 May - 20 June

Ever wanted to pick up a paint brush but not sure how or where to start? This class is an opportunity to use Acrylic paint to see the possibilities of this fun and versatile medium. The lessons will start on tone, color, brushwork, texture and composition, where all subject matter will be provided, leading to your more personal projects as skills progress. This painting course would be ideal for beginners or those who have had limited access to painting. Talented artist, Peta Zeller, will begin with how to use painting materials during the 1st week and then move on to colour and tone, brushwork and eventually as the weeks progress she will assist you in working towards a finished masterpiece! Material not included (Reference website for material list)

ACRYLIC PAINTING FOR BEGINNERS (ONGOING)

AC2

Peta Zeller

9.30am-12.30pm \$185

8 Tuesdays

1 May - 19 June

This class is an opportunity to continue developing skills with Acrylic Paint, to see the possibilities and a range of outcomes with this fun and versatile medium. The lessons will continue to develop knowledge in tone, color, brushwork, texture and composition, where the student will be providing their own personal photo material to work with to produce artwork. This painting course would be ideal for ongoing students from Term 4, 2017 and Term 1 2018 or those who have had limited access to painting instruction/ tutoring and would like to continue building on their skills. Material not included (Reference website for material list)

CROCHET BEGINNERS AC3

Susan Sands

9.30am-11.30am \$95

8 Tuesdays, 8 May - 26 June

Come and learn the fundamentals of this fun and useful craft. We'll cover basic stitches and techniques as well as how to read patterns and charts. Learn all you need to know to get you started on creating fashionable accessories, cosy rugs and useful items for your home.

In the first lesson, we'll start from the very beginning with how to hold the yarn and hook, how to make your first stitches and what pitfalls to avoid.

CROCHET BEGINNERS PLUS AC4

Susan Sands

10.30am-12.30pm \$95

8 Tuesdays, 8 May - 26 June

Building on material covered and skills learned in Crochet beginners, this class will take your crochet into 3 dimensions. We will explore more complex stitches, patterns and structures to make bags, baskets, beanies and more. Join us if you already know the basic stitches and techniques and want to take your crochet further.

CROCHET INTERMEDIATE AC5

Susan Sands

10.30am-12.30pm \$95

8 Mondays, 30 April - 25 June (no class on 5 June)

This class is intended for those who have already completed workshop classes at SPLC.

Challenge yourself with more advanced stitches and techniques while making your chosen projects.

CROCHET INTERMEDIATE / ADVANCED AC6

Susan Sands

1pm-3pm

9 Wednesdays, 2 May - 27 June

This class is intended for those who have already completed workshop classes at SPLC. Challenge yourself with more advanced stitches and techniques while making your chosen projects.

DRAWING FOR NON DRAWERS –Beginners AC7

Barbara Arenson

9.30am –12.30pm \$135

8 Thursdays, 3 May - 5 July (no class on 17 & 24 May)

Come along and learn how to draw in a stress free, friendly environment. Barbara, with her extensive international teaching, experience will teach you how to move from drawing the absolute basics to developing your own style. Please bring A2 sketchbook, 4B, 6B and 8B pencils, pencil sharpener and eraser. Limited places - so please register early. Min 7 Max 12

DRAWING FOR NON DRAWERS – Ongoing (Level 2) AC8

Barbara Arenson

9.30am–12.30pm \$135

8 Wednesdays, 2 May - 4 July (no class on 16 & 23 May)

This class is for those people who have previously attended these classes in 2016 or for those who have completed a beginner's class. You will be able to continue drawing under Barbara's expert guidance in a stress free and friendly environment. Remember to bring an A2 sketchbook, 4B, 6B and 8B pencils, pencil sharpener and eraser. Limited places, so please register early. Min 7 / Max 12

INTRO TO PHOTOGRAPHY AC10

Carlos Arevalo

10am-12pm \$100

5 Tuesdays, 1 May, 15 May, 29 May, 12 June, 26 June

Get the most out of the camera in your iPhone or digital camera. Carlos is a professional photographer and a computer whizz. He'll talk you through composition, aperture, shutter speed, and much more. This course will help you make the transition from shooting in Auto Mode into Manual Mode and capturing some amazing images

LINO BLOCK PRINTING - BEYOND BLACK AND WHITE (PRINT-MAKING COURSE) AC11

Mikaela Miller

12.30pm-3.30pm \$140

4 Wednesdays, 6 June - 27 June

Lino Printing – Beyond Black and White will be an intermediate level course that will introduce students to the process of multi-coloured lino printing. This course would still be suitable for beginners (esp. those who like a challenge) as we will begin the course by doing a single colour lino print design to make sure we can all wrap our heads around how the process works. However, the main focus will be to produce a final collection of prints with 3 or more colour separations, using the degenerative process of removing more and more lino from your block with each layer until the block is eventually destroyed by the end of the process – meaning your prints will be exclusive, limited edition pieces. During the course we will look at examples of this process used by artists who have mastered the craft, and investigate the variations in materials & equipment, as well as looking at alternate methods that can be used to incorporate layers of colour into your lino printed artworks. Students who have their own carving tools (and are happy to use them) should notify the SPLC coordinator. All other tools/ materials will be provided.

WATERCOLOUR BEGINNERS AC12

Verena Marmion

10am-12pm. \$125

8 Mondays, 30 April - 25 June (no class on 4 June)

Simple activities are structured to gradually expand students' repertoire of techniques and knowledge of how to manipulate watercolour paint. This includes colour mixing, brush control and planning a composition. Each lesson starts with a warmer and is followed by a main activity based around a theme. Themes include still life, floral and landscape subjects.

WATERCOLOURS BEGINNERS & ONGOING AC13

Verena Marmion

1pm-3pm. \$125

8 Mondays, 30 April - 25 June (no class on 4 June)

Students will be encouraged to expand their repertoire of skills and techniques. This includes colour mixing, brush control, wet in wet painting and planning a successful composition.

Each lesson starts with a warmer and is followed by a main activity. Students can follow their own choice of subject matter, or create an individual interpretation of the theme the teacher introduces with a demonstration at the start of class. Students are encouraged to paint from real objects and personal photos, but also have the option of using the teacher's resources. This course is for both beginning and intermediate students. The beginning students will be recommended simpler exercises than the more experienced students.

INTRO TO EMBROIDERY AC14

Ana-Maria Bulgaru

10.30am-12pm \$80

4 Wednesdays, 6 - 27 June

Learn the basic stitches within a simple flower, which is the classic way of stitching. We will then explore the variations of embroidery and what can be achieved. Ana-Maria will assist you with your personally selected projects and finally everyone will get their stitches transferred onto fabric. Embroidery hoop, thread, needles and scissors will be provided (but feel free to bring your own items if you prefer).

BUS OUTINGS

STUDIO CRAWL TOUR

(KALAMUNDA ARTISTS!) BS1

Bus Around Tours

9.30am-12.30pm \$70 (members)

/ \$80 (non-members)

Thursday, 24 May

A Studio Crawl is the act of visiting multiple art studios in a single morning / afternoon. What better place than the Perth Hills to explore a variety of art studios. Meet the artists in their environment and see the different mediums used for their art. Over a cuppa you can share and discuss the beautiful art seen on this tour. **UPON ENROLMENT, PLEASE LET US KNOW YOUR DIETARY REQUIREMENTS SO THAT THEY CAN BE CATERED FOR / PLEASE ARRIVE 15MIN PRIOR TO DEPARTURE (Morning or Afternoon Tea is included in price).**

CLUB ACTIVITIES

BOOK CLUB (FRIDAY) CA1

Catherine Rousset

9.30am-11am \$15

2 Fridays, NO NEW ENROLMENTS

Calling all bookworms. Do you enjoy discussing with others books that you have read? Having read the book are there parts that you liked especially or bits that you did not like, or were there any surprises? These are some of the items that can be discussed in the group with the help of the facilitator Catherine.

Titles of the books to be read this term are: The German Girl by Armando Lucus Correa (25 May) and The Choke by Sofia Luguna (22 June)

CROQUET CA2

Susan & Alan Sands

6.30pm-8.30pm \$45.00

3 Mondays, May 7, 14, 21

Como Croquet Club has a friendly and very active membership of over 100 members playing both golf croquet and association croquet codes. The club has experienced coaches who will teach you how to play this interesting game. Come along and have fun while getting some exercise in a social setting. This club is located on the Corner Reserve with entry from Eric Street

CRYPTIC CROSSWORDS CLUB CA3

Self-managed

1pm-3pm \$45

8 Mondays, 30 April - 25 June (no class on 4 June)

Cryptic crosswords are crossword puzzles in which each clue is a word puzzle in and of itself. Cryptic crosswords are particularly popular in the United Kingdom where they originated. If you enjoy Cryptic Crosswords and are you looking to extend your knowledge by practicing how to do them then come along to this club. Remember research has shown that by keeping the brain active it will remain healthier, delay any early signs of memory loss and help prevent Alzheimer's. Members are encouraged to bring their favourite crosswords to share (copies can be made in the centre).

FILM CLUB CA4

Self-managed

1pm-2.30pm \$25

3 Thursdays, 24 May, 7 June and 28 June

Are you a movie buff who enjoys sharing your thoughts with others? If so, then come along to our friendly club to join in the discussions on the movies we've seen. You will get a chance to voice your opinion and listen to that of others on topics such as the acting, directing, the story, costumes etc. Why not discuss areas that perhaps could have been improved. This is your club so make the most of it. The titles of the movies to be discussed: Love Simon, Breath, Gurrumul and The Guernsey Literary and Potato Peel Pie Society (Please see at least 2-3 movies)

Friend HER ORIGINAL CA5

Rachelli Yaafe-Payne

7pm-9pm \$180

9 Wednesdays, 2 May - 27 June

OR

9 Mondays, 30 April - 2 July (no class on 5 June)

If you have ever wanted to try a bit of everything this is the course for you. Friend Her is a women only course designed to introduce you to many new skills while encouraging you to make new friends. You don't need to feel daunted if you have no one to attend with, as these women are all here for the same reason, to try something new and make friends.

INTERNATIONAL CURRENT AFFAIRS CA6

Di Ciantar, Wendy Howlett & Michael Cazalet

1pm-3pm \$50

9 Tuesdays, 1 May - 26 June

NO NEW ENROLMENTS (FULL)

The International and Current Affairs Club will continue in the same successful self-managed discussion group format. Participants may volunteer to present a pre-programmed subject during the first hour followed by a casual discussion on current topics for the second hour. A rotating chairperson will facilitate each session and club members may invite occasional guest speakers, as approved by the group

INTERNATIONAL CURRENT AFFAIRS

DISCUSSION GROUP CA6.5

Judi St. Clair

1pm-3pm \$35

6 Tuesdays, 1 May - 26 June (No class on 29 May, 5 June, and 12 June)

The International and Current Affairs Club will continue in the same successful self-managed discussion group format. Participants may volunteer to present a pre-programmed subject during the first hour followed by a casual discussion on current topics for the second hour. A rotating chairperson will facilitate each session and club members may invite occasional guest speakers, as approved by the group.

LOVERS OF POETRY CA7

Brian Smith

10.30am-12pm \$35

4 Tuesdays, 8 May, 22 May, 5 June, 19 June

Come along and join our group. We will discuss our favourite poems, poets – Australian, English, American and much, much more. Come and listen or bring your own poem or one of your favourites to share with the group.

MAHJONG TUESDAY CA8

Self-Managed

9.30am-11.30am \$50

9 Tuesdays, 1 May - 26 June

Come along and play this fascinating ancient game. We are always looking for new members to join in and get those brain cells working. Notes and sets are provided.

MAHJONG FRIDAY CA9

Self-managed

9.15am-11.15am \$50

9 Fridays, 4 May - 29 June

This friendly and popular group is for the more experienced who wish to play this fascinating and ancient game. So come along and get those brain cells working. Notes and sets are provided, but please bring along your own if you wish.

MAHJONG FOR BEGINNERS - CHINESE

CA10

Marsha Tang

12pm-2pm \$115

9 Fridays, 4 May - 29 June

This course introduces participants to the fascinating and ancient game of Mahjong. Players will learn the set up, structure and the rules of game in a friendly, social environment. Participants will acquire the knowledge and ability for independent / self-managed gameplay by the course conclusion.

MAHJONG FOR BEGINNERS - WESTERN CA11

Marsha Tang

2pm-4pm \$115

9 Tuesdays, 1 May - 26 June

This course introduces participants to Western Mahjong, the fun and fascinating variant of the ancient game of Mahjong. Players will learn the components, set-up, structure and rules of game in a friendly, social environment and acquire the ability to play basic hands by the course conclusion. For those that have no prior mahjong experience, Mahjong for Beginners - Chinese is recommended but not essential.

MAHJONG INTERMEDIATE - WESTERN CA12

Marsha Tang

9.30am-11.30am \$115

9 Tuesdays, 1 May - 26 June

Intermediate Western Mahjong consolidates the learning and skills acquired in Mahjong for Beginners and focuses on the continued expansion of players' repertoire of winning mahjong hands. The course is also suitable for those that possess an understanding of the rules of mahjong and are comfortable with semi-independent gameplay.

MAHJONG INTERMEDIATE - CHINESE CA13

Marsha Tang

2pm-4pm \$115

9 Fridays, 4 May - 29 June

Intermediate Chinese Mahjong consolidates the learning and skills acquired in Mahjong for Beginners with a stronger focus on strategic understanding and gameplay. This course is also suitable for those already familiar with the rules of Chinese-style mahjong and comfortable with independent gameplay.

MAHJONG FOR BEGINNERS - WESTERN CA14

Marsha Tang

12.00pm-2.00pm \$115

9 Tuesdays, 1 May - 26 June

This course introduces participants to Western Mahjong, the fun and fascinating variant of the ancient game of Mahjong. Players will learn the components, set-up, structure and rules of game in a friendly, social environment and acquire the ability to play basic hands by the course conclusion. For those that have no prior mahjong experience, Mahjong for Beginners - Chinese is recommended but not essential.

MAHJONG WEDNESDAY CA15

Self-managed

10am-12pm \$50

9 Wednesdays, 2 May - 27 June

This friendly and popular group is for the more experienced who wish to play this fascinating and ancient game. So come along and get those brain cells working. Notes and sets are provided, but please bring along your own if you wish.

NON-FICTION BOOK CLUB CA16

Finn Barrett

6pm-8pm \$15

2 Wednesdays, 23 May & 20 June

New Members are welcome to join this discussion group to share their interest in matters of the world. The books we will be reading this term are: May 23. Deng Thiak Adut, 2016. Songs of a war boy. Child soldier, refugee, man of hope / June 20. Peter Greste, 2017. The first casualty. A memoir from the front lines of the global war.

THURSDAY BOOK CLUB CA17

Petrice Judge

1.30pm-3pm \$15

2 Thursdays, 17 May & 14 June

This self-managed Book Club provides a great opportunity for book lovers to discuss what they've been reading. Titles to be read this term are: Ambulance Girls by Deborah Burrows and My Brother Jack by George Johnston

YARN CRAFT CLUB CA18

Self-Managed

1pm-3pm \$45.00

8 Mondays, 30 April - 25 June (no class on 5 June)

Do you knit or crochet? Why not join us for a chat and some quality time with your needles or hooks and, of course, your yarn. This group is for those who can already knit or crochet and would like to relax and create with other yarn crafters.

COMPUTERS & TECHNOLOGY

HOW TO USE YOUR ANDROID/TABLET CT1

Mike Burns

1pm -3pm \$105

4 Thursdays, 3 May - 24 May

Android phones are made by HTC, Sony, Samsung, Huawei, Xiaomi, Motorola and LG. Starting with the basics and assuming no prior knowledge this course will enable you to use your Android Phone and tablet with confidence. You'll learn about apps, what they are, how to get them and which ones are really useful. We'll look at photos and how to manage them. Bring your Android Phone and tablet along as these courses are very hands on. No Apple iPhones on this course please.

HOW TO USE YOUR IPHONE/IPAD CT2

Mike Burns

1pm-3pm \$105

4 Wednesdays, 2 May - 23 May

Starting with the basics and assuming no prior knowledge this course will enable you to use your Apple iPhone and Apple iPad with confidence. You'll learn about apps, what they are, how to get them and which ones are really useful. We will also cover how to set up your iPhone and iPad so all your messages and alerts show up on both. We'll look at photos and how to manage them.

Bring your Apple iPhone and iPad along as these courses are very hands on. If you have a non-Apple phone or tablet please enrol on the Android course.

COOKING

Friend HER Cooking Class (Walk-In) C1

Rachelli Yaafe-Payne

7.00pm - 9.00pm \$30 (members) / \$40

(non-members) per session

8 Mondays, 30 April - 25 June (no class on 5 June)

This is for anyone that doesn't want to commit to a whole course or is worried about the finances. This will be a drop-in class meaning you have 48 hours beforehand to register for this class. Natalie, our chef, is amazing and you will always get to take some home with you. Natalie will be teaching you all sorts of quick and healthy dinners and salads to get your taste buds tingling and bring excitement back to your kitchen. Every week students will be given a special ticket and you will need to keep hold of this. The person at the end of the course with the most will be getting a prize!

INTRO TO MAKING KOMBUCHA C2

Sammantha Grant

10.00am start \$30 (members) / \$40

(non-members)

Tues, 15 May

Come and learn how to make your own gut healing brew of booch. Never heard of it... don't worry. I'll talk you through what it is and WHY its all the rave. I will demonstrate for you how to ferment, look after your SCOBY, share my hints and tips for a successful brew & how to store your resting SCOBIES whilst away or taking a break. We will then have tasters to sample and I'll show you how to flavour your booch through secondary fermentation, or cheating using an alternative method that has been tried and tested in many of my workshops!

Come with a sterile glass jar with a screw top lid if you'd like to take a SCOBY and starter tea home or for just an additional \$10 you can purchase a fermenting jar, with SCOBY, starter tea and brewing liquid ready to ferment at home.

Kombucha fermenting jars ready to go must be reserved in advance 2 DAYS PRIOR TO THE WORKSHOP so they can be prepared.

HEALTHY TRADITIONAL KOREAN KIMCHI! C3

Ebony Bae & Ms Lee

11.30am-1.30pm \$60 (member) / \$70 (non-member)

Friday, 22 June

Are you interested in making "healthy home made kimchi"? You may have heard that even some native Koreans do not know how to make homemade kimchi because it needs some tips to make healthy kimchi. Ms. Bona Lee, who has got a great passion in Korean cuisine, will show you how to make the kimchi by using local ingredients. Ms. Ebony Bae will assist by telling the history behind of the Korean food (specifically kimchi). You will be amazed by this one dish, as it can be used to make a number of other dishes such as Kimchi Chigae and Tofu kimchi.

The menu includes:

1. Kimchi (main cooking)
2. Tofu OR steamed Pork kimchi (vegetarian or meat lovers)
3. Kimchi Chigae with rice

INTRODUCTION TO CHEESE MAKING C4

Tanya Barretto

11.30am-1.30pm \$40 (member) / \$50 (non-member)

Thursday, 24 May

In this introduction to home cheese making, Tanya Barretto from The Cheese Maker will demonstrate how to make your own ricotta and yoghurt quickly and easily from home. You'll be surprised by how simple and cost effective it is to make these home made delights. You'll learn the advantages that home made ricotta and yoghurt provide for your sweet and savoury creations, and taste your way through endless variations from hot fresh ricotta to pot set and greek style yoghurts.

Participants will receive take home easy to follow instructions and will be able to purchase items to take home and start making delicious ricotta and yoghurt right away. What you will learn: 1. How to make ricotta in less time than it takes to drive to the shops 2. How to make yoghurt (without added sugars, thickeners or preservatives). What you will get: 1. Take home easy to follow instructions 2. Loads of recipe ideas for your home made ricotta and yoghurt

INDIAN COOKING CLASS C5

Shoba Prag

10.30am-1.00pm \$60 (member) / \$70 (non-member)

Friday, 11 May

Shoba holds a North Indian heritage and born in South Africa. With her passion for cooking instilled in her from a young age, she is now on a journey to share the wonderful flavours of India. Through her Indian cooking courses, she reveals how to cook traditional home cooked food that is packed with flavour.

During your lesson, you will begin to develop your understanding of spices, their complex flavours and the way in which they are used. Learn a different combination of spices and flavours that can bring about a completely new result.

Dishes: Onion Bhajis, Chicken Tikka Masala and Naan Bread

BUTTERCREAM ROSE PIPING C6

Paula Fitzgerald

10am-12.00pm \$55 (members) / \$60 (non-members)

Wed, 6 June

Learn simple techniques to pipe gorgeous buttercream flowers for cakes and cupcakes. Each participant will take home a box of delicious vanilla bean cupcakes that they've decorated themselves. A great skill to learn for all stages of cake decorating

HEALTH & WELLNESS

AGELESS YOGA: CHAIR FLOW YOGA FOR SENIORS - LEVEL 1 HW1

Sri Shanthi Bhavana

3.30pm-4.30pm \$105

8 Mondays, 30 April - 25 June (no class on 4 June)

WALK IN - \$20 (Subject to availability) Ageless Chair Flow Yoga Program is a gentle form of Yoga practiced while sitting on a chair, or standing with a chair for support. It is adaptable to everyone's level of ability, and medical condition, and a perfect way to achieve physical or mental fitness.

It is practiced by seniors, or anyone concerned about their mobility, their independence... promoting a better quality of life. Mobility affects mental and emotional health, the balance factor: fall preventions, outdoor slipping and falling in bad weather or indoor accidents. Yoga for seniors is very beneficial for so many aspects of life, including: Lower Blood Pressure, more Flexibility & Range of Movement, better Sleep, enhanced Respiratory Function, moderation of Chronic Pain, the positive management of Arthritis and Diabetes, and Reduction of Stress & Anxiety.

AGELESS YOGA: CHAIR FLOW YOGA FOR SENIORS - LEVEL 2 HW2

Sri Shanthi Bhavana

5pm-6pm \$105

8 Mondays, 30 April - 25 June (no class on 4 June)

WALK IN: \$20 (Subject to availability)

Gentle, non-invasive, low-impact Yoga-based exercise program specially designed for older people (seniors). Suitable for all age groups, and especially for people suffering limited flexibility and range-of-motion (ROM), injuries and medical conditions.

This exercise program is recommended by medical physicians (GP's), chiropractors, physiotherapists and psychologists, and is practiced sitting in a Chair, and standing with the support of a Chair. The Chair is used as a prop to help support the person, and as an aid in assisting the person to gain strength and balance. Pre-requisite: Participants must have completed at least one Term in Chair Flow Yoga - Level 1.

INTRODUCTION TO ESSENTIAL OILS HW3

Samantha Grant

10am-11.30am \$20 (members) / \$25 (non-members)

Thursday, 7 June

Curious to know more about essential oils?

Come along with your questions and join other like minded people in this informative class. With so many different oils and diffusers out there it can be confusing, so allow Sammantha to simply guide you, spoken from personal experience.

Sammantha will share how essential oils accidentally fell into her life and why she now has a passion for sharing them with friends, family and the Perth community

In this class she will showcase 10 of the most common and versatile dōTERRA oils. You will smell them and hear how she uses them in every day life from cooking & cleaning to helping us with our health hiccups, which ranges from nerves at school, a stressed day at work, coughs and colds to seasonal allergy relief and getting a solid nights sleep. They also can be used just to make a room smell fresh!

GO WITH THE FLOW (GUIDED MEDITATION) HW4

Deanne Wray

9.30am-10.30am. \$105

8 Mondays, 30 April - 25 June (no class on 4 June)

WALK IN: \$20

Starting the morning with meditation is the most wonderful way to start your day with a healthy mind & body. Meditation brings us an inner peace to help us focus to be more in the present for our day activities. So join on this beautiful meditation experience and let go of everything. Being grounded gives us a clear direction in life.

PILATES FOR BEGINNERS HW5

Carmel Simojoki

1.00pm-2.00pm \$130

7 Saturdays, 5 May - 23 June (No class on 2 June)

Are you interested in developing your strength, improving your flexibility and strength as well as participating in a cleansing and invigorating form of exercise?

In the Pilates for beginners' class, instructed by Carmel Simojoki, a qualified level IV pilates instructor, you will learn and practice exercises to improve flexibility, build strength and develop control and endurance. The many and varied exercises focus on alignment, breathing, developing a strong core, as well as improving coordination and balance. Muscle tone, posture and well-being can also be improved through regular practice of the exercises. **Pilates is suitable for all ages.**

TAI CHI FOR BEGINNERS HW7

Louise Walker

8am-9am \$110

Location: Indoors at SPLC (**can be outdoors at the Scented Garden based on the weather**)
8 Fridays, 1 May - 29 June (no class on 8 June)

Sun (Dr Paul Lam's Tai Chi for Arthritis & Falls Prevention)

Term 2 Tai Chi with Louise is outside, so we can do Dancing with 6m Ribbons - a fun and heating warmup.

Then we will practice a super warming Sun style form. It is compact, protects knee and shoulders, therefore is easier and safer to perform. The Stay on your Feet campaign promotes this particular sequence as falls prevention. Flowing movements and the powerful Chi Kung is especially effective for healing and relaxation. The energy flow feels great and the practice improves faster for that benefit. Note: In the case of wet weather, class will be held indoors

TAI CHI CHUAN FOR BEGINNERS HW8

Stephen Ho

4.30pm-5.30pm \$110

8 Tuesdays, 1 May - 19 June

Tai Chi Kung Fu is a complete system of Chinese martial art developed many centuries ago based on Taoist philosophy. Although each movement had been designed for hand fighting, its gentle flow and gracefulness are now also recognised as a good form of exercise. With constant practice, Tai Chi can promote good health and relaxation. The original form of Tai Chi was first developed by Master Chan. Since then, various styles had emerged, each with some variations and characteristics. The form of Tai Chi to be covered in this course is the Wu Style which consists of 108 movements.

This introductory beginner's class will cover the first 30 movements of Wu Style Tai Chi Chuan.

Please remember to bring a bottle of water and wear comfortable loose clothes

INSTRUCTOR: Stephen Ho. Stephen is a retired academic in engineering. He learned Tai Chi Chuan in Hong Kong when he was a teenager. He continues to practise Tai Chi and Chi Kung over the years. In Australia, he followed Master Michael Yung for a few years and improved and perfected his forms under Michael's supervision. He has been running Tai Chi classes at various venues in Perth for over 20 years.

RESTORATIVE YOGA HW9

Sri Shanthi Bhavana

3pm-4pm \$105

8 Fridays, 4 May - 22 June

This course is designed for adults of all ages – particularly useful for busy mums and older adults and can be practised anytime (very useful after a long day and before bed); Restorative asanas (postures) are designed to stimulate energy flow, rejuvenation and restoration of energy (prana/chi) through the Subtle Anatomy (Chakras) – modified for each individual.

Subtle stimulating movement and comfortable, long-held static postures with breath-awareness increases flexibility and range-of-motion, and promotes good joint health

This form of yoga increases breath capacity, therefore: more energy, more vitality!

- Breath/energy control (pranayama), promotes flow of prana (life-giving energy) throughout the entire physical Body, and Subtle Anatomy
- Meditation – for relaxation, self-awareness and clarity of Mind
- Stimulates and activates the Parasympathetic Nervous Systems (PNS) to bring relaxation benefits: therefore helps de-stress
- Stimulates a peaceful calm feeling, with clarity of mind – transforms tired energy and stress into relaxed productive energy, with increased tranquility for Body, Mind and Spirit

DANCE RELEASE MEDITATION HW9

Deanne Wray

6.30pm-7.15pm \$75

5 Fridays, 4 May, 18 May, 1 June, 15 June, & 29 June

Expressing yourself through music meditation and let go of the week. If you love music and love to dance these will be fun sessions for you join! Feel energised to start the weekend.

LANGUAGES

FRENCH (ADVANCED) L1

Christine Boccaccini

9am-11am \$120

8 Tuesdays, 1 May - 19 June

This class is for students who have studied French at an Intermediate level and also students who have more than a basic knowledge of French grammar and vocabulary. A French/English dictionary will be needed.

FRENCH FOR TRAVELLERS (BEGINNERS) L2

Christine Boccaccini

10am-12pm \$120

8 Mondays, 30 April - 25 June (no class on 5 June)

OR

Alexandra Destine

6pm-8pm \$120

8 Wednesdays, 2 May - 20 June

For those interested to go to France and learn some basic communication skill. Basic topics such as greetings, numbers, ordering in a restaurant / cafe and buying from a shop/market will be covered.

FRENCH BEGINNERS L3

Christine Boccaccini

12.30pm-2.30pm \$120

8 Wednesdays, 30 April - 25 June (no class on 5 June)

New classes for complete beginners with no previous knowledge of the language. The course is designed to provide solid foundations in vocabulary around daily life topics. This will be supported by the adequate grammatical notions taught in the simplest way in a friendly and authentic french atmosphere.

FRENCH BEGINNERS ONGOING L4

Christine Boccaccini

1.30pm-3.30pm \$120

8 Wednesdays, 2 May - 20 June

OR

Marion Beugels

9am-11am

8 Thursdays, 3 May - 21 June

These classes are for those who have attended a previous SPLC French class or have some prior knowledge of the French language. You will learn practical everyday words and phrases. Materials will be provided, however you will need a French/English dictionary

FRENCH CONVERSATION (ADVANCED) L5

Christine Boccaccini

1.30pm-3.30pm \$120

8 Tuesdays, 1 May - 19 June

This course is intended for those who wish to practise their acquired French language skills. The classes will be based mainly on preparation for discussion covering a wide variety of topics. Participants will be encouraged to help each other. All who show any interest in keeping their knowledge alive, irrespective of their advanced levels, will be made most welcome.

FRENCH CONVERSATION (INTERMEDIATE) L6

Christine Boccaccini

11am-1pm \$120

8 Tuesdays, 1 May - 19 June

This course is intended for those who wish to increase and practise their acquired French language skills. The classes will be based mainly on preparation for discussion covering a wide variety of topics. Participants will be encouraged to help each other. Some grammatical areas will be examined from time to time. All who show an interest in keeping their knowledge alive, at this intermediate level, is most welcome.

FRENCH INTERMEDIATE (LEVEL 1) L7

Christine Boccaccini

9am-11am \$120

8 Wednesdays, 2 May - 20 June

This class is intended for mainly students who have recently completed a least one year of 'French for Beginners'. It can also accommodate any other student who has some basic knowledge of French grammar and simple vocabulary. A French-English dictionary will be needed.

FRENCH INTERMEDIATE ONGOING L8

Christine Boccaccini

11am-1pm \$120

8 Wednesdays, 2 May - 20 June

The class is intended for students who have previously studied French at an Intermediate level. It can also accommodate any other student who has more than a basic knowledge of French grammar and vocabulary. A French-English dictionary will be needed.

GERMAN FOR NOVICES L9

Marion Beugels

12.30pm-2.30pm \$120

8 Thursdays, 3 May - 21 June

A fun and informative introductory course to the German language and culture. Learn how the German language works, pronunciation, basic conversation, travel, food and traditions. Bis bald - see you soon!

GERMAN FOR BEGINNERS WITH BASIC KNOWLEDGE L10

Marion Beugels

5.30pm-7.30pm \$120

8 Wednesdays, 2 May - 20 June

Willkommen! A fun and instructive course for those who seek to refresh or broaden their German skills. Get excited as basic communication becomes a chat with your class mates! You will also learn how to navigate German websites and much more.

INDONESIAN BEGINNERS (LEVEL 1) L11

Kus Sujatna

10.30am-12pm \$75

6 Fridays, 4 May - 8 June

If you want to learn an Asian Language, Indonesian is the one for you because it has the same alphabet as English!

INDONESIAN CONVERSATION L12

Kus Sujatna

10.30am-12pm \$60

6 Thursdays, 3 May - 7 June

This conversation class is for those who have studied Bahasa Indonesia in the past and would like to come along to practise and improve their language skills. Our Indonesian teacher, Ibu Kus, has extensive experience in teaching Indonesian as she taught for many years at TAFE. Come along and join the fun.

INDONESIAN INTERMEDIATE L13

Kus Sujatna

12pm - 2pm \$80

6 Fridays, 4 May - 8 June

If you want to learn an Asian Language, Indonesian is the one for you because it has the same alphabet as English! And, if you've been to Bali and loved the experience, the people, the food and the culture, come along and learn more about it. Enhance your holiday in Indonesia. Our teacher will show you how easy it is to get started on the basics of the language, while you learn about Indonesian culture.

ITALIAN BEGINNERS (LEVEL 2) L14

Alessandra Luatii

6pm-8pm \$118

9 Wednesdays, 2 May - 27 June

OR

6pm-8pm

9 Thursdays, 3 May - 28 June

This class will expand on the Italian knowledge that students have learned in the Beginners Level 1 class, or for those who know familiar words and very basic phrases, knowing how to ask and answer simple questions on very familiar topics. The course is geared towards those who wish to take their learning of the language just one step further. This class will focus on expressions, socialising, asking questions and various activities to further your speaking, listening and reading development. You will expand and improve your vocabulary related to a wide range of topics.

Grammar will be combined with real-life situations. Every week, we'll learn and practice useful expressions, and work to enhance your vocabulary and pronunciation. You'll be surprised how much you learn in just nine weeks!

ITALIAN BEGINNERS (LEVEL 1) L15

Alessandra Luatii

3pm-5pm \$120

9 Fridays, 4 May - 29 June

The course is designed for those who are ready to learn Italian from the beginning or for those who know a few words or phrases and are keen to learn more. It aims to give students the opportunity to learn basic Italian vocabulary and grammar, to gain confidence in understanding and using the language and to learn more about Italian culture. We will give emphasis to speaking activities, learning how to communicate in a variety of social situations, such as introducing yourself,

talking about daily activities, travelling etc.. And grammar will be combined with real-life situations.

Every week, we'll learn and practice useful expressions, and work to enhance your vocabulary and pronunciation. You'll be surprised how much you learn in just nine weeks!

ITALIAN CONVERSATION L16

Ambra Marra

10am-12pm \$85

9 Thursdays, 3 May - 28 June

These classes are intended for those of you who have already studied Italian in the past and who wish to continue to practise and improve your acquired Italian language skills. Based mainly on preparation for discussion, a wide variety of topics will be included. Participants will help each other and some grammatical areas may be examined from time to time. Those interested in keeping their knowledge alive are most welcome.

ITALIAN B1 (INTERMEDIATE) L17

Eleonora Duso

9.30am-11.30am \$125

8 Mondays, 30 April - 25 June (no class on 4 June)

This class is for people who have recently attended Italian Pre- Intermediate classes and already manage to use simple expressions and words to describe their needs, family members, current job, life condition, etc.

As for the A2 level, equal emphasis will be put both on grammar and the selected topics on Italian culture for this term: how to get a good bargain when shopping in Italy (formulaic expressions and behaviours), Italian idioms illustrated (Italian funny language to mingle with Italians), useful words and tips.

Upon completion the students will gain knowledge on new tenses such the future and the past tense in Italian and will gain confidence in handling basic matters/situations whilst travelling and shopping in Italy.

ITALIAN A2 (PRE-INTERMEDIATE) L18

Eleonora Duso

12pm-2pm \$125

8 Mondays, 30 April - 25 June (no class on 4 June)

This class is for prospective students who have recently attended Italian Beginners classes and who are already able to understand simple words, verbs and easy sentences and manage to reply to simple questions within familiar contexts.

At the end of this course the students will be able to read short and simple texts and seek for specific and predictable information on material for daily use. Specifically, students will gain knowledge on the followings: Italian traditional meals and dishes, Italian popular gestures, city sighting and the Italian national health system.

Every session will include grammar, vocabulary and targeted exercise to ensure

understanding and learning scaffolding. In-class online quizzes and activities will be carried out as often as possible. This is a useful course for everyone who wants to improve their Italian language and learn about Italian popular culture.

SPANISH BEGINNERS (LEVEL 2 - ONGOING) L19

Ruperto Nunez
11am-1pm \$120
9 Thursdays, 3 May - 28 June
"Hola amigo!

There are around 406 million native Spanish speakers, 60 million as a second language and 20 million students of Spanish. This class is for students who have studied Spanish in Terms 1 & 2 and for those people who have a little prior knowledge of the Spanish language. The textbook Pasos 1 Spanish Beginners Coursebook by Rosa Maria Martin & Martyn Ellis (ISBN 9781473610682) will be used. Can be purchased online from the Book Depository.

SPANISH BEGINNERS (LEVEL 2) L20

Ruperto Nunez
1.30pm-3.30pm \$120
9 Thursdays, 3 May - 28 June
"Hola amigo! This class is for those who have completed Spanish for Beginners recently or for those who have some previous knowledge of the Spanish Language. The textbook Take Off in Spanish Oxford (book only) will be used.

SPANISH FOR TRAVELLERS - BEGINNERS BASIC L-1 (ONGOING) L21

Alicia Zablah
12.30pm-2.30pm \$120
9 Tuesdays, 1 May - 26 June
OR

2.30pm-4.30pm
9 Wednesdays, 2 May - 27 June
This course is the first course for those who have not experienced the Language before. The Basic Spanish Language course will give you the first skills in reading, writing, building vocabulary, grammar and practice your first conversations. It is suggested to have a Spanish Dictionary.

SPANISH FOR TRAVELLERS - BEGINNERS BASIC L-1.1 (ONGOING) L22

Alicia Zablah
3pm-5pm \$120
9 Tuesdays, 1 May - 26 June
This course is for students who completed Beginners Basic L-1 at SPLC /other institution or have the basic knowledge of the Language. You will continue learning practical vocabulary and conversation. It is suggested to have a Spanish Dictionary.

SPANISH FOR TRAVELLERS - BASIC L-2 (ONGOING) L23

Alicia Zablah
10am-12pm \$120
9 Wednesdays, 2 May - 27 June
This course is for the students who completed Beginners Basic L-1 and Beginners L-1.1 ongoing at SPLC / in other institution or having previous knowledge and understanding of rules of the Language. Someone who has travelled and had practiced Spanish before. You will continue learning practical vocabulary and conversation. It is suggested to bring a Spanish Dictionary

SPANISH INTERMEDIATE L24

Ruperto Nunez
9am-11am \$120
9 Thursdays, 3 May - 28 June
This course is for anyone with some prior elementary knowledge of Spanish. Ruperto will follow on from the Spanish Beginners classes so students can continue to have fun while increasing their fluency, their vocabulary and their knowledge of the Spanish Language. . The textbook Pasos 2 Spanish Intermediate Course by Rosa Maria Martin & Martyn Ellis will be used

TALKS & LIFESTYLE

COMMEMORATING WESTERN AUSTRALIA T1

Professor Jenny Gregory AM PhD FRHS M.ICOMOS MPHA
12.30pm-2pm \$15 (member)/ \$20 (non-member)
Friday, 15 June
2029 will be the bicentenary of the European colonisation of Western Australia. In just over a decade we will celebrate Captain Stirling's arrival and the establishment of the Swan River Colony on 1 June 1829. The spotlight will once again be turned on history, just as it was when we celebrated the sesquicentenary in 1979. What other milestones in Western Australia's history have been celebrated? Are there complications that we should be aware of? How might our understanding of history have changed by 2029?

THE ART OF MINDFUL LIVING T2

Liliana Vanasco
12.30pm-2pm \$15 (member)/ \$20 (non-member)
Friday, 1 June
In this talk Liliana will explain the basic concepts of living mindfully, the benefits it provides and share how to integrate mindfulness into your life in practical ways to create a state of joy, inner calm and flow.

GREEK MYTHOLOGY: THE BEGINNING T3

Ruperto Nunez
10am-12pm \$70
5 Wednesdays, 2 May - 30 May
As any respectable dynasty, the Olympians have changed their king a couple of times. Currently, Zeus, together with his wife/sister, Hera, are the monarchs of a dysfunctional family. Zeus, who holds the aegis and a known womanizer, is sometimes thwarted in his amorous adventures by Hera. The whole family is made up of gods and goddesses, each one having authority over diverse aspects of life: war, wisdom, marriage and so

on. In this course we'll explore this and other Greek myths dealing with the origin of the universe and diverse aspects of nature like night, day, the sea, mountains, and so on, and the different families of goddesses and gods.

5 DESIGN TIPS THAT WILL HAVE YOU STYLING YOUR HOME LIKE A PROFESSIONAL T4

Lyn Ware
12.30pm-2pm \$15 (member)/ \$20 (non-member)
Friday, 22 June
Covering the 5 tips to style homes, Lyn Ware will share her residential interior design knowledge, as well as, display a few examples of tiles, cushions and drapery etc.

BRAIN TRAINING T5

Caitlin Parker
1pm-3pm \$45 (member)/ \$55 (non-member)
3 Tuesdays, 29 May, 5 June, 12 June
The brain training workshop aims to challenge the minds of the participants. Each session will start with some information about brain health, such as improving concentration, memory or problem solving skills, lifestyle changes to maintain a healthy brain and tips and tricks to improve different aspects of thinking. The second part of the workshop includes activities to challenge the participants. The activities include brain teasers, games and problems to solve.

HEALTHY LONGEVITY - MOVING THROUGH THE FINITE BARRIER T6

Janni Lloyd
12.30pm-2pm \$15 (member)/ \$20 (non-member)
Friday, 22 June
Janni Lloyd's interest in health began in 1973 when she commenced her degree at the University of Western Australia. With a special interest in the psyche and emotions, she later moved into holistic health.. In 1992 Janni began studying Healthy Longevity , Indefinite Life Extension and Life philosophy from many perspectives - psychology, spirituality, holistic health and medical science. This talk is an exploration of the 'big picture' of healthy longevity and indefinite life extension - the journey and also some lifestyle shifts to implement now. Exciting new areas in science, such as Telomeres , Epigenetics and Neuroplasticity, will reveal how interconnections of psychology//philosophy have effects on our biology.

THE LIFE OF ERNIE TURPIN, A LANDSCAPE AND PORTRAIT ARTIST T7

Ernie Turpin

12.30pm-2pm \$15 (member)/ \$20 (non-member)

Friday, 8 June

Ernie is a qualified cartographer, training officer and management consultant. Upon his retirement, at fifty five years of age, he became a full time freelance artist. Ernie is an artist who has had a wealth of experience - sketching and painting in the outback over a period of some fifteen years. He is also an accomplished art teacher, having had some ten years travelling throughout the the country working as an 'artist-in- residence', On many occasions, Ernie has been responsible for organising some huge mural projects - which have involved working with community craft groups, schools, prisons, hospitals, mining companies and local authorities. Now, well into his seventies, Ernie still finds time to help budding artists - and to produce some unique artwork based on his extensive travels through some of the remotest areas of Australia.

MEDITATION FOR RESILIENCE T8

Sorelle Miller

12.30pm-2.00pm \$15 (member)/ \$20 (non-member)

Friday, 18 May

Sorelle Miller will assist participants to connect more fully to the present moment using various techniques which enhance clarity and intuition and help improve mental strength and focus.

The talk will specifically focus on:

- Our capacity to adapt to rapid change and make choices and investments to increase this capacity.
- The science behind our choices and the intelligence that controls the outcomes in our lives.
- The benefits associated with regular meditation practice.
- The experience of aligning with the present moment and to feel the difference between our outer purpose and inner experience.

The session will complete with participants experiencing breath, sound and movement work.

MEMORIES MAKE ME (WRITING WORKSHOP) T9

Shoma Mittra

12.30pm-3.30pm \$15 (member)/ \$20 (non-member)

Friday, 11 May

Have you often thought of writing a book or even a story, but was never sure where to start, how to go about it, or wonder if anyone would even care to read your story? You would be surprised! As humans we feed on stories, we need them for our own survival because we learn from them, we relate to them and stories help us to understand each other. If it weren't for stories, on rock carvings, stories told around a fire and tales etched in ancient caves how would we ever know what our ancestors were like?

Storytelling is inherent in us all. We all have lived experiences which others can learn from. So come along and find out if this is for you. See if you would like to become a published author in ninety days. This is an introductory workshop for people who are considering writing their memoirs or business stories.

It is a 3 hour interactive workshop which will cover

- the nuances of storytelling,
- memory mining techniques,
- how to edit so that the manuscript is polished enough to present to a publisher,
- the differences between the world of traditional publishing and self- publishing,
- how to upload and sell on Amazon
- how market your book successfully - the world of media & publicity, book launches and more.

THE CRUSADERS T12

Ernie Jones

1pm-2.00pm \$80

8 Thursdays, 3 May - 21 June

The crusades form one of the most exciting periods in history, yet are often completely misinterpreted for various reasons, often ideological or political ones. This is because they are still relevant today, with the West's military efforts against moslem extremists being designated as crusades. Concentration will be on the first four crusades, and whether they laid the groundwork for the mess we are in today.

LAGS' - CONVICTS IN WESTERN AUSTRALIA T14

Dr. Bill Edgar

12.30pm-2.30pm \$15 (member)/ \$20 (non-member)

Friday, 8 June

Between 1850 and 1868 close to 10,000 male convicts arrived in Western Australia from Britain. Far from being the detrimental influence many predicted, these 'lags', the detritus from the iniquities of the English legal and penal systems, injected new life into a stagnant economy. Despite a high percentage of original serious criminality among them, the vastly different environment in this most isolated of British settlements had a positive influence on these refugees from the cruel prisons and hulks of the Home country.

The convict system in W.A. proved to be forward thinking and benign by comparison with the systems of earlier decades in New South Wales and Tasmania. In consequence, many of the convicts who were landed at Fremantle subsequently became valuable citizens, helping to lay the foundations of early, modern Western Australia.

Social historian, Bill Edgar, has a special interest in 19th century colonial life. He is a descendent of New South Wales convict, John McGarry and Van Diemen's Land convict, James Aylett. The research into his ancestors' forbidding struggles in the new land has been a considerable influence in the compilation of this current work. (Book will be available to purchase for \$35)"

HOW TO USE FENG SHUI FOR SUCCESS, RELATIONSHIPS, HEALTH AND WISDOM T15

Sharon Dunn

12.30pm-2.00pm \$15 (member)/ \$20 (non-member)

Friday, 25 May

Sharon will share information about the history of feng shui, what feng shui is and is not, the Kua formula (ie. Personal Energy Number) and how to use it for success, relationship, health and wisdom luck. Afterwards, she will include practical feng shui tips for the bedroom to enhance health and relationship luck.

FOOD & FUN CLUB

Dear Epicureans, we will meet at the Windsor Hotel for our April Outing. All members will receive private invitations. Interested in becoming a member? Please contact Lorraine at 9470 1546 during business hours. Bon Appetit!

WEDNESDAY WALKERS

The Wednesday Walkers are continuing to feel the joy of the outdoors and welcome anyone who'd like to join us. We meet at the end of Coode St at the pavilion to the west of the Boatshed Café at 8am sharp. We walk for an hour along the South Perth foreshore, and then have coffee at the Café.

MEMBERSHIP

Annual membership is \$40 and term membership is \$15
 Membership is not required if you enrol in a 1-day activity, but you will have to pay the non-member fee.
 You don't have to be a South Perth resident to become a member – everyone is welcome!

ENROLMENTS

Online enrolments are now available for Term 2 2018 courses and one-off events, head to www.splc.org.au for more information. EFT is accepted, but please contact the centre to confirm that there are available spots in your requested course/class. Below is our bank information - Account Name: South Perth Learning Centre Inc | BSB 066124 | Account No. 00910855

Postal enrolments are **ONLY** accepted for **cheque payments** and will be processed as received. Please post enrolments to **PO BOX 254, COMO 6952**, do not post to our South Terrace address. We highly recommend coming to the centre or having someone come on your behalf to ensure your slot in a course. If you post it in and require a receipt, please be sure to include a self-addressed stamped envelope.

If a course happens to be full, please put your name on the waiting list (with the volunteer at the reception desk), so that we can contact you if a student decides to withdraw. **Credit/Debit Card enrolments available via phone enrolments - PLEASE DO NOT SHARE YOUR DEBIT/CREDIT CARD INFORMATION ON THIS FORM OR VIA EMAIL.** There are **NO REFUNDS OR COURSE CREDITS** and there are **no revisions to the course cost (all members & non-members must pay upfront and for the entire course fee)**. Postponed classes due to an instructor's illness or unexpected emergency will result in alternative class being provided.

Title		First Name		Last Name	
Phone		Mobile		Emergency No.	
Address					
Suburb					
Email					

TERM MEMBERSHIP \$15

ANNUAL MEMBERSHIP \$40

Code No.	COURSE / TALK / EVENT			Amount
				\$
				\$
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Membership Fee				
PAYMENT	Cash	Cheque	EFT	TOTAL

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